

**INSTRUCTION IN CASES OF AN IMMEDIATE THREAT TO LIFE OR HEALTH  
OF THE COMMUNITY MEMBERS OF THE NICOLAUS COPERNICUS UNIVERSITY IN TORUN**

If you feel that there is an immediate threat to life or health of persons located on the University premises (e.g. the behaviour of a person indicates that they could pose a threat to their own life or health, or life or health of other people), follow the instructions below:

1. Remain calm.
2. Secure the place of an incident (if necessary).
3. If there are other people, ask one of them to stay.
4. Take care of your safety and safety of people in the immediate surroundings (no one should stay alone with a potentially dangerous person).
5. If the situation so requires, provide premedical first aid.
6. Get help. Call one of the emergency numbers:  
112 – Emergency Call Center,  
999 – Emergency Medical Services,  
997 – Police,  
998 – Fire Service.  
Inform an operator about the situation and medical status of the person you are aiding.
7. Follow the recommendation and instructions of the emergency services operator.
8. Inform your superior, territory administration or reception of the building about the actions taken.
9. Wait for emergency services to arrive.
10. It is advisable to accompany the person in danger until the emergency services arrive.  
In the meantime, if the situation so requires, continue to provide premedical first aid.
11. If the emergency services refuse to take the person for whom you got help, ask for written confirmation of assistance refusal.